



## The End-of-life and Palliative Care (EPiC) Resource Centre

- Information to support you, your family, friends and carers.
- Understand more about palliative care.
- Demystify issues around death and dying.
- Find out what financial support is available.
- Consider how you might plan for the end of life.
- Know what to do after someone dies.
- Get bereavement support and advice.

More information overleaf

[www.khh.org.uk/epic](http://www.khh.org.uk/epic)

Here for you whenever you want information following the diagnosis of an incurable illness.



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# How the EPiC Resource Centre supports you

## 1 If you've been diagnosed with an incurable illness

- What is an incurable illness, what can you expect when someone is dying?
- Symptom management and medicine.
- Coping with change and uncertainty at the end of life and talking about dying.

## 2 Finding out about hospice care

- What is hospice care?
- How can I get hospice care?

## 3 If you're caring for someone with an incurable illness

- Looking at the needs of a carer and who can support them.
- Benefits and allowances available for carers.
- Carers' rights at work.

## 4 Financial support

- Overview of how to pay for end-of-life care.
- Payments and benefits available.
- Fast tracking and the complexities of local authority funding.

## 5 When planning ahead

- Planning for death, from financial planning to what to do with your digital assets.
- The issues around advance statements versus an advance decision to refuse treatment.
- Planning your own funeral, making a will and Lasting Power of Attorney.

## 6 What to do when someone dies

- How to care for someone after they have died.
- Organising a funeral.
- How to look after yourself when someone dies.

## 7 If you've suffered a bereavement

- The nature and emotions of grief, how to look after yourself and how to tell others.
- Grief in children and teenagers.
- Supporting a friend or relative.
- Dealing with grief and bereavement at work.

## 8 Information for employers

- Supporting an employee when they are ill.
- How to support a bereaved employee.
- What an employer should do when a member of staff dies.

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Find out more



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